



Changes in bird communities of Admiralty Bay, King George Island (West Antarctic): insights from monitoring data (1977–1996)

Kazimierz SIERAKOWSKI¹, Małgorzata KORCZAK-ABSHIRE^{1*}
and Piotr JADWISZCZAK²

¹ *Institute of Biochemistry and Biophysics, Polish Academy of Sciences,
Pawińskiego 5a, 02-106 Warsaw, Poland*

² *Department of Genetics and Evolution, Institute of Biology, University of Białystok,
K. Ciołkowskiego 1J, 15-245 Białystok, Poland*

* *corresponding author <mka@ibb.waw.pl>*

Abstract: The paper summarizes results of twenty years of seabird observations carried out between 1977 and 1996 on the western shore of Admiralty Bay (King George Island, South Shetlands, Antarctic). Changes in population size, distribution and phenology of the breeding species as well as the appearance of non-breeding species are reported. A total of 34 species of birds were observed, including 13 breeding species. Among the non-breeding species, four were observed to visit the site regularly, six rarely, and the remaining 11 were observed only occasionally. Among breeding populations, three *Pygoscelis* penguin species, the main krill consumers, were most numerous. The Adélie Penguin (*P. adeliae*) dominated among the penguins nesting in the investigated areas, reaching 23,661 breeding pairs in 1978. Two other penguin species were less abundant with population sizes of approximately 7,200 breeding pairs for the Chinstrap Penguin (*P. antarcticus*) and 3,100 breeding pairs for the Gentoo Penguin (*P. papua*) in the same year. During the following two decades, breeding populations of pygoscelid species experienced a declining trend and their numbers were reduced by 68.0% for Chinstrap, 67.1% for Gentoo, and 33.9% for Adélie Penguins. The data reported here represent a unique reference basis and provide valuable information about indicator species, suitable for comparison with contemporary observations of bird populations in the Antarctic Peninsula region, a place of rapidly occurring climate changes and intensive harvesting of marine living resources.

Key words: Antarctic, Admiralty Bay, ASPA 128, volant birds, penguins, census.

Introduction

Data from long-term bird population surveys, both census and auxiliary notes, constitute a valuable source of information for conservation and scientific purposes (*e.g.* Lynch *et al.* 2012). They are especially important for the regions experiencing environmental change or increasing human impact, or both – like the region of Antarctic Peninsula. Such studies have revealed widespread fluctuations in population size and phenology in wildlife due to changing climate, in both the Northern (Menzel *et al.* 2006; Sydeman and Bogard 2009; Körner and Basler 2010; Gilg *et al.* 2012) and Southern Hemispheres (Hindell *et al.* 2012; Chambers *et al.* 2013; Black 2016). However, regional differences in climate change and biotic characteristics as well as climate-induced impacts on particular species may differ in their nature and magnitude between regions and ecosystems.

King George Island (Fig. 1), the largest of the South Shetland Islands, is characterized by its abundant and divergent avifauna (*e.g.* Myrcha 1993). The first phenological observations of birds in Admiralty Bay area were carried out in 1977 (Trivelpiece and Volkman 1979; Presler 1980). Studies of penguin populations were continued in subsequent years by Jabłoński (1984a, 1984b, 1986, 1987), Trivelpiece *et al.* (1987b, 1990, 2011), Ciaputa and Sierakowski (1999), and Hinke *et al.* (2007). The earliest census of the whole avifauna of the Admiralty Bay area (the largest bay of King George Island) was reported by Jabłoński (1986) and since 1988 a regular monitoring of birds on the western shore of Admiralty Bay has been carried out (Sierakowski 1991; Lesiński 1993; Jabłoński 1995).

Here we report on a long-term survey of the breeding and non-breeding birds of the Admiralty Bay using data collected in 1977–1996 time frame. Our study covers the time period corresponding to the first twenty years of scientific activity at the *Arctowski* Station, which is a good point of reference for further research, and ultimately – better understanding the more recent changes in the bird populations of this area.

Research area and methods

Research area. — King George Island (Fig. 1), is the largest (1150 km²) of the South Shetland Islands, located at the northern tip of the Antarctic Peninsula, separated from it by the Bransfield Strait. Less than 10% of the island is ice-free area. It is one of the most densely inhabited (by humans) regions of the Antarctic with numerous year-round research stations and a smaller number of summer-only posts. Admiralty Bay (62°01'21''S, 58°15'05''W; Fig. 1) is protected as an Antarctic Specially Managed Area (ASMA 1), including an Antarctic Specially Protected Area (ASP 128, until 2002 known as the Site of

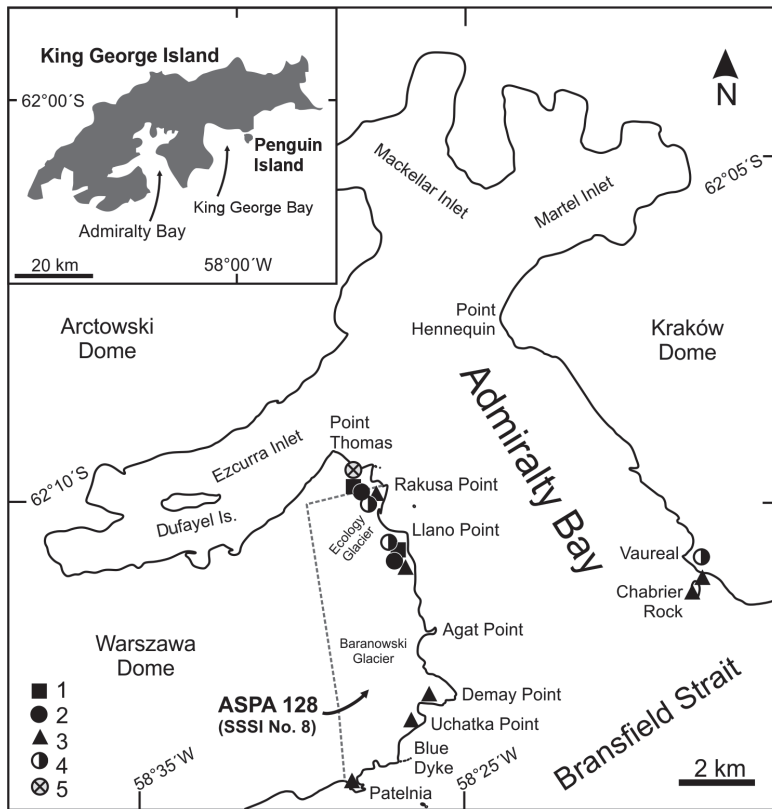


Fig. 1. Map of Admiralty Bay with marked seabird colonies (1–4). Key to symbols: 1 (square) – *Pygoscelis papua*, 2 – (circle) *Pygoscelis adeliae*, 3 (triangle) – *Pygoscelis antarcticus*, 4 (black and white circle) – *Macronectes giganteus*, 5 – Arctowski Station.

the Special Scientific Interest [SSSI] No. 8; Fig. 2), which encompasses much of its western shore (see the Antarctic Treaty database, Measure 2 [2006] – ATCM XXIX – CEP IX, Edinburgh, http://www.ats.aq/devAS/info_measures_listitem.aspx?lang=e&id=358). In 1977, the *Arctowski* Polish Antarctic Station was established at Point Thomas in Admiralty Bay, and it has remained the main facility for continuous scientific research in the immediate vicinity of SSSI No. 8.

The climatic conditions of King George Island depend mainly on the sea temperature and sea-ice extent in the area of the nearby Antarctic Peninsula (Kejna *et al.* 2013 and references therein). A characteristic feature on the island is the large variability in thermal conditions from year to year (Kejna 1999 and references therein). The Admiralty Bay area has pronounced fluctuations regarding the season beginning and end dates which is related to changes in the atmospheric circulation. The longest season is the winter, which lasts an average of 135 days, and its duration varies from 96 to 195 days. The shortest

season is summer, which lasts an average of 52 days, and its duration varies between 31 and 96 days (Kejna 1992).

The ornithological research was carried out within the ice-free area of the western shore of Admiralty Bay and mainly focused on the SSSI 8 area (c. 17.3 km²) (Figs 1–2). The observations started in 1977 and lasted to the end of 1996. During this time, there has been rapid deglaciation events which has resulted in the ice-free area increasing nearly threefold (Fig. 2; Pudełko 2002). The observed trends in changeability of ice conditions and air temperature during the period covered by our investigations were not statistically significant (Kruszewski 2002).

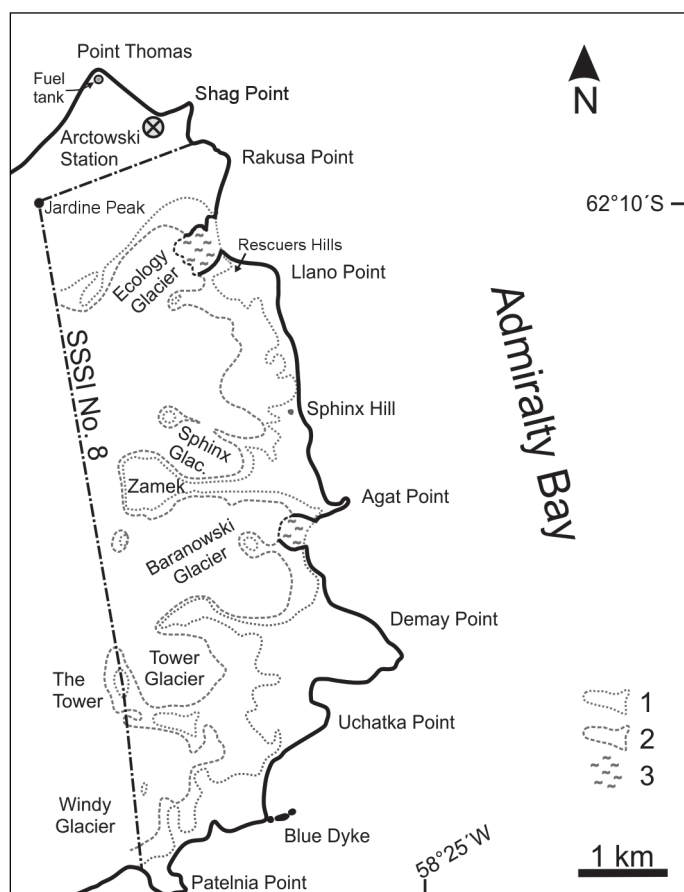


Fig. 2. Changes of glaciers topography in SSSI No. 8. Key to symbols: 1 – permanent ice cover range in 1979, 2 – permanent ice cover range in 1999, 3 – lagoon formed 1999. The presented map was created according to Battke and Cisak (1988) [Cape Lions Rump, 1:5 000 scale. Institute of Ecology, Polish Academy of Sciences, Warsaw] as well as Pudełko R. (2002) [*Site of Special Scientific Interest No. 8 (SSSI-8), King George Island, 1:12 500, IUNG Puławy*].

Birds census. — For penguins species (Table 1), three different quantitative estimation methods were used depending on the topography, size and spatial arrangement of breeding colonies.

- 1) Small breeding groups not exceeding 100 nests, and up to 300 nests in the case of long and narrow aggregations. Each year approximately one week after the mean date of clutch initiation, the number of occupied nests were counted. Three separate counts were done on the same day. If one of the three counts differed more than 10% from the others, a fourth was made. If the results differed no more than 10%, the mean value was calculated (for all three species).
- 2) Middle size breeding groups, more than 300 nests. If the topography allowed, images of numerous breeding groups were taken from elevations (for all three penguin species). The counts of nest numbers were done from the enlarged photographs taken according to breeding phenology, see method 1.
- 3) Large Adélie Penguin breeding colonies (>1000 nests). Estimations were based on counting nests within one hundred sample plots 16 m² each and extrapolating the results to the known area of the entire colony.

Table 1

List of breeding and non-breeding birds observed in the Admiralty Bay area (King George Island) between 1977 and 1996. Status of non-breeding – visiting: regularly – species observed almost every year; rarely – species observed in 3 to 6 different seasons; occasionally – species (mostly one individual) recorded once or twice during the study period.

Species	Status			
	breeding	non-breeding – visiting		
		regularly	rarely	occasionally
King Penguin <i>Aptenodytes patagonicus</i> (Miller, 1778)				X
Emperor Penguin <i>Aptenodytes forsteri</i> (Gray, 1844)				X
Gentoo Penguin <i>Pygoscelis papua</i> (Forster, 1781)	X			
Adélie Penguin <i>Pygoscelis adeliae</i> (Hombron et Jacquinot, 1841)	X			
Chinstrap Penguin <i>Pygoscelis antarcticus</i> (J.R. Forster, 1781)	X			
Southern Rockhopper Penguin <i>Eudyptes chrysocome</i> (J.R. Forster, 1781)			X	
Macaroni Penguin <i>Eudyptes chrysolophus</i> (Brandt, 1837)		X		
Magellanic Penguin <i>Spheniscus magellanicus</i> (J.R. Forster, 1781)				X
Black-browed Albatross <i>Thalassarche melanophris</i> (Temminck, 1828)			X	

Table 1 continued

Species	Status			
	breeding	non-breeding – visiting		
		regularly	rarely	occasionally
Sooty Albatross <i>Phoebetria fusca</i> (Hilsenberg, 1822)				X
Light-mantled Albatross <i>Phoebetria palpebrata</i> (J.R. Forster, 1785)				X
Southern Giant Petrel <i>Macronectes giganteus</i> (Gmelin, 1789)	X			
Southern Fulmar <i>Fulmarus glacialisoides</i> (Smith, 1840)		X		
Antarctic Petrel <i>Thalassoica antarctica</i> (Gmelin, 1789)			X	
Cape Petrel <i>Daption capense</i> (Linnaeus, 1758)	X			
Snow Petrel <i>Pagodroma nivea</i> (G. Forster, 1777)		X		
Blue Petrel <i>Halobaena caerulea</i> (Gmelin, 1789)				X
Antarctic Prion <i>Pachyptila vittata</i> (G. Forster, 1777)				X
Wilson's Storm Petrel <i>Oceanites oceanicus</i> (Kuhl, 1820)	X			
Black-bellied Storm Petrel <i>Fregetta tropica</i> (Gould, 1844)	X			
Antarctic Shag <i>Phalacrocorax atriceps bransfieldensis</i> Murphy, 1936	X			
Cattle Egret <i>Bubulcus ibis</i> (Linnaeus, 1758)				X
Black-necked Swan <i>Cygnus melancoryphus</i> (Molina, 1782)			X	
Chiloe Wigeon <i>Anas sibilatrix</i> Poeyppig, 1829				X
Yellow-billed Pintail <i>Anas georgica</i> Gmelin, 1789			X	
White-rumped Sandpiper <i>Calidris fuscicollis</i> Vieillot, 1819			X	
Wilson's Phalarope <i>Phalaropus tricolor</i> Vieillot, 1819				X
Pale-faced Sheathbill <i>Chionis albus</i> Gmelin, 1789	X			
Chilean Skua <i>Stercorarius chilensis</i> Bonaparte, 1857				X
South Polar Skua <i>Stercorarius maccormicki</i> Saunders, 1893	X			

Table 1 continued

Species	Status			
	breeding	non-breeding – visiting		
		regularly	rarely	occasionally
Brown Skua <i>Stercorarius antarcticus lonnbergi</i> Mathews, 1912	X			
Kelp Gull <i>Larus dominicanus</i> Lichtenstein, 1823	X			
Arctic Tern <i>Sterna paradisaea</i> Pontoppidan, 1763		X		
Antarctic Tern <i>Sterna vittata</i> Gmelin, 1789	X			

Nests of breeding pairs of volant bird species were counted directly during the long-term penetration of the area in the particular seasons 1988/89, 1990/91 and in years 1992–1997 (Table 1). The exceptions were the Wilson’s Storm Petrel (*Oceanites oceanicus*) and Black-bellied Storm Petrel (*Fregetta tropica*), for which only the distribution along the coast was recorded. A unique biology of these two species made it impossible to determine accurate population sizes. The winter surveys after the end of the breeding period within the whole area of Admiralty Bay (including SSSI No. 8) were carried out every ten days. Attention was paid to non-breeding birds visiting the site regularly (almost every year), rarely (observed in 3 to 6 different seasons) and occasionally (recorded once or twice). For population-size changes in all three pygoscelid species, the Mann-Kendall test for trend was performed for the 1978–96 time series, using PAST 3.14 software (Hammer *et al.* 2001).

The scientific and English common names of birds were based on compilations of the global avifauna (Sibley and Monroe 1990; del Hoyo *et al.* 1991–1999).

Results

In total, 34 species of birds were recorded in the Admiralty Bay area between 1977 and 1996, 13 of them were nesting and 21 were classified as non-breeders. Four species from the latter category were observed visiting regularly, six – rarely and 11 – occasionally (Table 1).

Breeding bird species

Gentoo Penguin (*Pygoscelis papua*). — There were two breeding colonies of Gentoo Penguins in the Admiralty Bay area. Both were located within the SSSI No. 8, at Point Thomas and Llano Point (Fig. 1). In the breeding season 1978/79, Llano Point colony counted 2,562 *P. papua* nests (Fig. 4), while the less numerous Point Thomas colony had 783 nests (Fig. 3). The number of

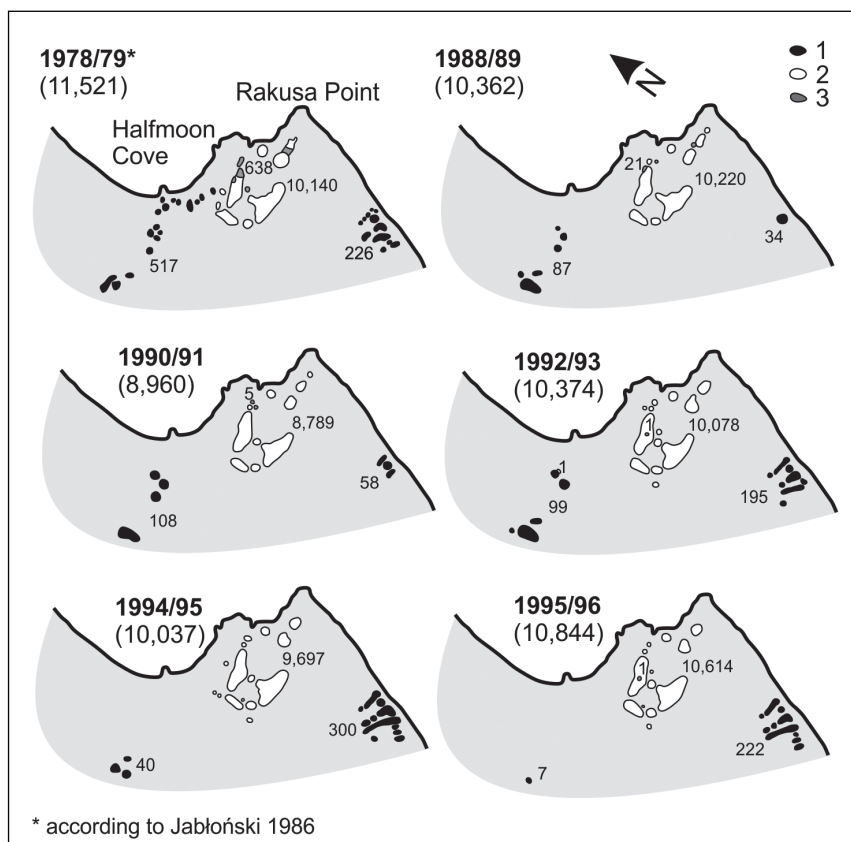


Fig. 3. Distribution of the breeding groups in Point Thomas colony and the number of nests of three species of penguins in particular seasons between 1978 and 1996. Key to symbols: 1 – *Pygoscelis papua*, 2 – *Pygoscelis adeliae*, 3 – *Pygoscelis antarcticus*. Total counts in parentheses.

nests was variable in subsequent years. While population size in Llano Point rookery was quite stable until the season 1992/93 (Fig 4), the Pt. Thomas colony recorded an important decline (Fig. 3). A marked, although statistically insignificant, decrease in the population size has been observed since 1978/79 in the whole SSSI No. 8 (Table 2) ($n = 12$, Mann-Kendall's $S = -26$, $Z = 1.714$, $P = 0.09$). Breeding phenology data are presented in Table 3. After the breeding season, adult individuals remained in the vicinity of their breeding areas to moult. In those winters when the sea around King George Island did not freeze, many individuals (usually more than 25% of the breeding population) stayed in the Admiralty Bay area. They remained in the sea during the day and in the afternoon they returned to the vicinity of their breeding areas. When the bay got covered by ice, penguins abandoned land, but returned when ice retreated (Sierakowski 1991).

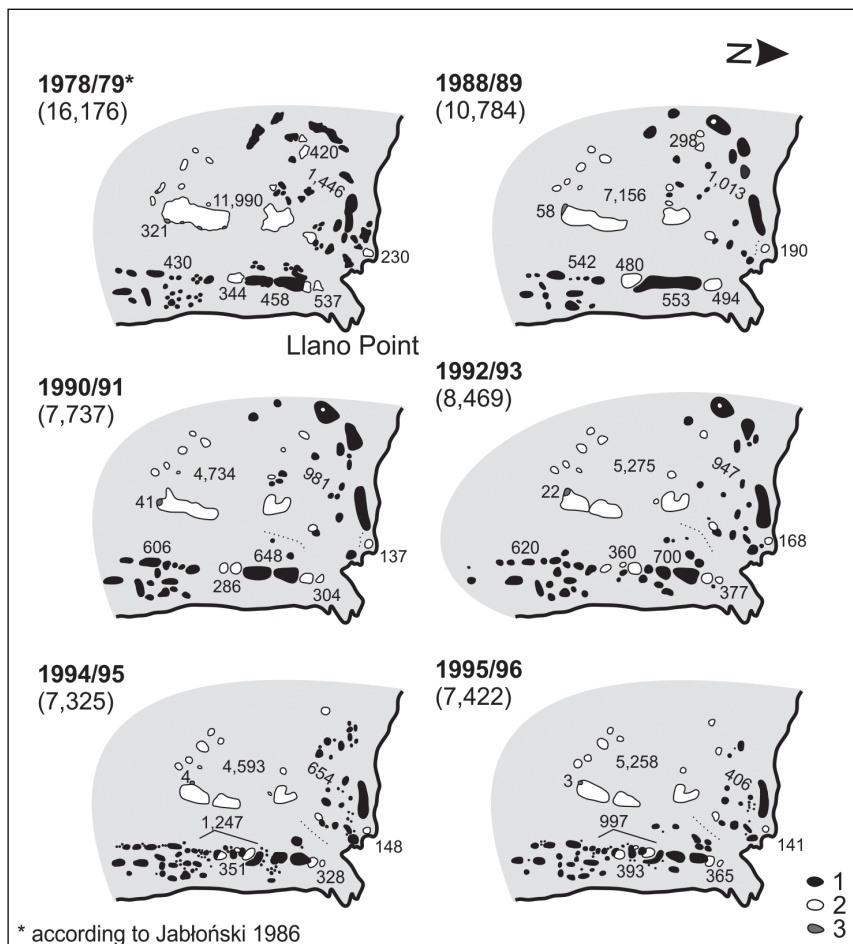


Fig. 4. Distribution of the breeding groups in Llano Point colony and the number of nests of three species of penguins in particular seasons between 1978 and 1996. Key to symbols: 1 – *Pygoscelis papua*, 2 – *Pygoscelis adeliae*, 3 – *Pygoscelis antarcticus* Total counts in parentheses.

Adélie Penguin (*Pygoscelis adeliae*). — The rookeries of Adélie Penguins were located on the western shore of the Admiralty Bay, within the Point Thomas (Fig. 3) and Llano Point (Fig. 4) oases (SSSI No. 8). In the 1978/79 breeding season 10,140 (Point Thomas) and 13,521 (Llano Point) nests were recorded. Each of these two colonies consisted of several breeding groups (Figs 3–4). The size of the Adélie Penguin population fluctuated in the following years (Table 2, Fig. 3–4). However, marked, although statistically insignificant, decrease in population size was recorded ($n = 12$, Mann-Kendall's $S = -28$, $Z = 1.852$, $P = 0.06$). Moreover, a decrease of the Llano Point colony during the observation period was noted, while the size of Point Thomas population remained stable

Table 2

Estimated numbers of pygoscelid penguin nests within the area of SSSI No. 8 in the years 1909, and 1957–1997, based on different sources.

Season	<i>Pygoscelis papua</i>	<i>Pygoscelis adeliae</i>	<i>Pygoscelis antarcticus</i>	Reference
1909	100	10500	–	Myrcha 1993 (after Gain 1914)
1957	300	1500	–	Croxall and Kirkwood 1979 citing unpublished Stephens 1957
1965	2152	10200	–	Croxall and Kirkwood 1979 citing White 1966
77/78	2600	18000	–	Trivelpiece and Volkman 1979
78/79	3117	23661	7225	Jabłoński 1984a
79/80	3703	32918	5712	Jabłoński 1984a
80/81	2133	16405	4531	Jabłoński 1984a
81/82	2602	18046	5256	Trivelpiece <i>et al.</i> 1987b
88/89	2239	18838	3353	Sierakowski 1991
89/90	2357	13965	2907	Lesiński 1993
90/91	2401	15609	3026	personal observation
91/92	3385	17665	3185	Zyska (personal commun.)
92/93	2573	16259	3334	personal observation
94/95	2287	15151	2545	personal observation
95/96	1655	16788	2579	personal observation
96/97	1611	15637	2308	personal observation

(Fig. 3). Breeding phenology data are presented in Table 3. After the breeding season penguins did not return to their colonies until the next spring. However, in those winters when the sea in the coastal area did not freeze, some individuals were observed occasionally. Adult birds did not moult before they left.

Chinstrap Penguin (*Pygoscelis antarcticus*). — There were six breeding colonies of Chinstrap Penguins in the Admiralty Bay area, with a total population size estimated at 10,339 nests in the season 1978/79. Five of the colonies (7,225 nests) were located within the SSSI No. 8, at the Point Thomas (Fig. 3), Llano Point (Fig. 4), Demay Point (Fig. 5), Uchatka Point (Fig. 6) and Patelnia Point oases (Fig. 7). The sixth colony was located on Chabrier Rock and Shag Island in the area of Vaureal Point, situated at the entrance to Admiralty Bay (Fig. 1). In the 1978/79 season, the size of this colony was estimated at 3,114 nests. There were 2,525 and 2,083 nests in the 1979/80 and 1980/81 seasons, respectively (Jabłoński 1984a, 1984b, 1986). A statistically significant decrease in the number of nests of Chinstrap Penguins was observed in the whole SSSI No. 8 area ($n = 12$, Mann-Kendall's $S = -50$, $Z = 3.360$, $P = 0.0008$). There were over three times fewer breeding pairs in the 1996/1997 season compared with 1978/1979 (Table 2). The greatest decrease in the number of breeding pairs was observed in

Table 3

Comparative phenology of bird species breeding in SSSI No. 8 in particular seasons 1988–1989, 1990–1991 and 1992–1997, based on field observations.

	Range of dates of appearance of first individuals	Range of peak values	Range of dates of first egg laid	Range of peak values	Range of dates of hatching of the first chick	Range of peak values	Range of dates of colony leaving	Range of peak values
<i>P. papua</i>	27.08–25.09	15–25.09	21.10–8.11	21–27.10	03–17.12	03–10.12	–	–
<i>P. adeliae</i>	10–28.09	–	17–27.10	17–19.10	20–30.11	–	4.02–7.03	4–10.02
<i>P. antarcticus</i>	14–23.10	–	8–23.11	8–12.11	16–28.12	16–20.12	21.03–20.04	1–10.04
<i>M. giganteus</i>	30.07–25.08	–	31.10–10.11	–	31.12–13.01	1–10.01	9–22.05	–
<i>D. capense</i>	–	15–25.08	19.10–27.11	–	11–26.01	–	–	–
<i>O. oceanicus</i>	7.09–15.11	3–15.11	7–16.12 ¹ 5–10.01 ²	–	20–22.01	–	30.03–01.06	–
<i>Stercorarius</i> sp.	9–21.10	–	27.10–19.11	16–19.11	21–25.12	30.12–4.01	15.03–13.05	–
<i>L. dominicanus</i>	13–19.09	–	31.10–22.11	01–15.11	5–22.12	1–15.12	–	–
<i>S. vittata</i>	18–27.09	–	6–21.11	–	15.12–11.01	–	–	–

¹ On the northern slope of the rubble; ² on the southern slope of the rubble.

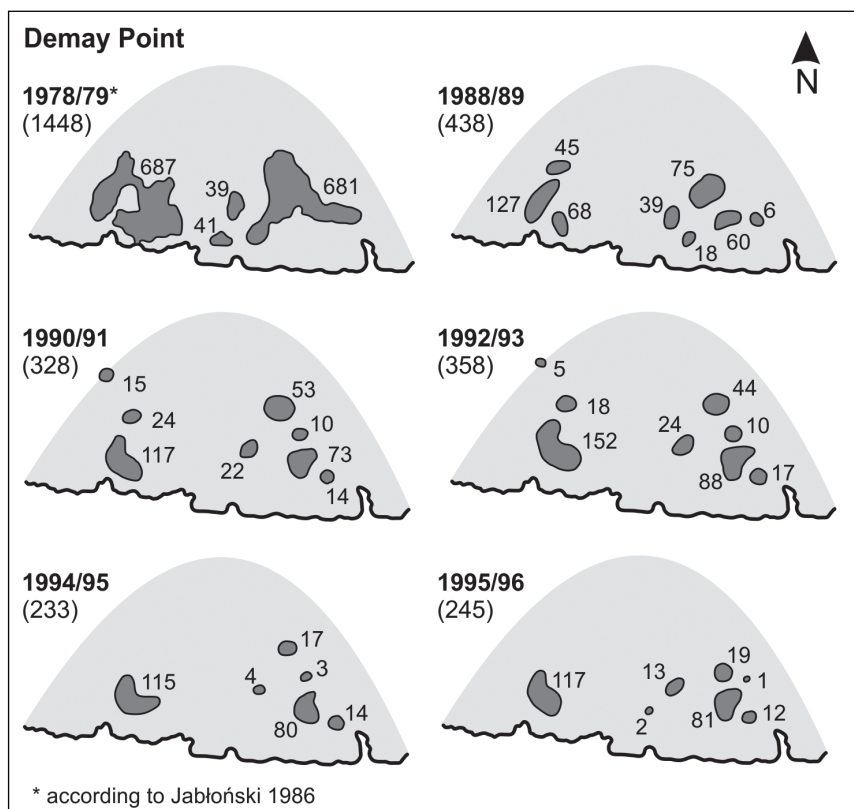


Fig. 5. Distribution of the breeding groups in Demay Point colony and the number of nests of *Pygoscelis antarcticus* in particular seasons between 1978 and 1996. Total counts in parentheses.

the Point Thomas (Fig. 3) and Llano Point colonies (Fig. 4). After the breeding period, adult penguins moulted and then left the Admiralty Bay area. They were not observed during the winter. Breeding phenology data are presented in Table 3.

Southern Giant Petrel (*Macronectes giganteus*). — There were three breeding colonies situated on moraines at the oases of Point Thomas, Rescuers Hills, and Vaureal Point (Fig. 1, Table 4). Some individuals bred outside these colonies. In the Point Thomas oasis, a breeding group located at so-called Jedyńka (in the vicinity of Station's fuel tank) was abandoned, probably due to an excessive human activity in the *Arctowski* Station. This group consisted of about 17 nests in 1978 (Jabłoński 1986) and 11 nests in 1980 (Wasilewski, personal commun.) and only two nests were observed in 1984 (Myrcha 1993). In 1987, there was only a single nest that persisted until the 1990/1991 season. Breeding phenology data are presented in Table 3. The largest breeding colony in the SSSI No. 8, comprising 85% of all Southern Giant Petrel nests recorded

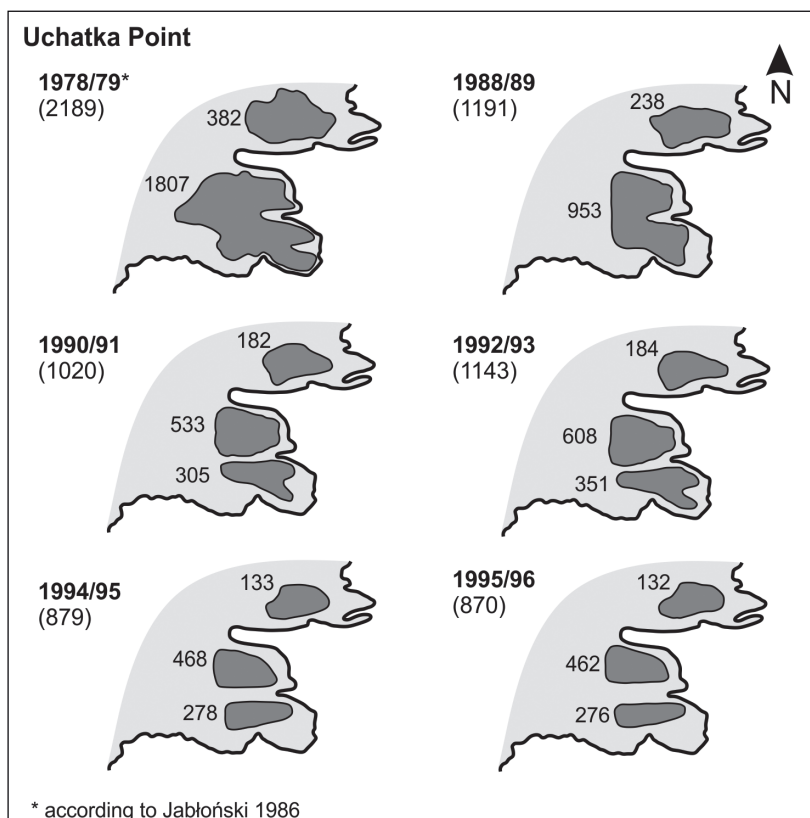


Fig. 6. Distribution of the breeding groups in Uchatka Point colony and the number of nests of *Pygoscelis antarcticus* in particular seasons between 1978 and 1996. Total counts in parentheses.

within this area, was located on moraines of the Rescuers Hills and Llano Point. At the Vaureal Point, the largest breeding colony in the Admiralty Bay area, the number of nests varied from 113 to 236 between 1979 and 1996. A part of the population of Southern Giant Petrels stayed in the investigated area throughout the year. Wintering birds most frequently spent nights in the area of breeding sites. However, ringing recoveries revealed that young birds banded at the Vaureal Point and Penguin Island may also migrate in the eastern direction, visiting Australian and New Zealand shores during their migration around Antarctica (Fig. 8). The longest flight was made by a young bird and covered the distance from King George Island to New Zealand (at least 16 thousand km) within 74 days. Considering all (682) chicks of Southern Giant Petrels banded by Andrzej Myrcha in 1985 and Kazimierz Sierakowski in 1988, 1992, and 1995, recoveries were obtained for 12 birds. These individuals were found on the eastern coast of Australia (e.g. Fraser Island, Brisbane, Queensland; Tasman

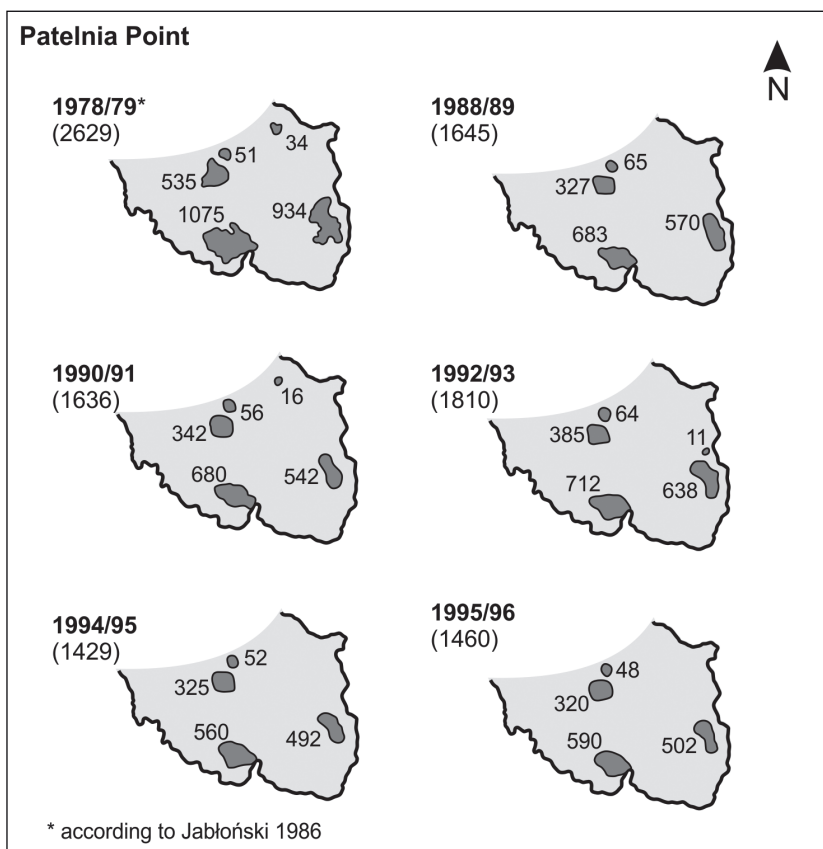


Fig. 7. Distribution of the breeding groups in Patelnia Point colony and the number of nests of *Pygoscelis antarcticus* in particular seasons between 1978 and 1996. Total counts in parentheses.

Sea, Wollongong; between Camden and Diamond Heads), the northern coast (*e.g.* Mile Beach; Ohui Beach) and the southern coast (*e.g.* Kaikoura) of New Zealand 74–88 days after departure from the nest.

Cape Petrel (*Daption capense*). — Four breeding sites of this species were located within the SSSI No. 8. The largest breeding colony occupied the rock shelves on Demay Point (Table 5). In addition, some breeding pairs were observed within the areas of Vaureal Point, Chabrier Rock, and Hennequin Point (Fig. 1). Cape Petrels usually returned to their breeding colonies in the middle of September. The spring arrival was frequently synchronized (Sierakowski 1991). Mating began in late September (Table 3). Small flocks consisting of a few individuals feeding by the waterside were observed for a long time after the breeding season (Presler 1980; Sierakowski 1991; Lesiński 1993; Myrcha 1993). Cape Petrels left the site when the bay froze.

Table 4

Number of nests of *Macronectes giganteus* in particular seasons in all colonies within the Admiralty Bay area. A compilation based on data from: ¹ Trivepiece *et al.* 1980, ² Jabłoński 1986, ³ Wasilewski unpubl. data, ⁴ Myrcha 1993, ⁵ Sierakowski 1991 and personal observations.

Location of colony	Breeding seasons												
	77/78 ¹	78/79 ²	79/80 ³	80/81 ³	84/85 ⁴	87/88 ⁵	88/89	89/90	90/91	91/92	92/93	94/95	95/96
Point Thomas	40	37	27	26	?	18	17	18	18	19	19	25	22
Rescuers Hills	80	102	80	91	?	145	145	163	142	128	154	195	161
Vaureal	?	113	136	?	144	152	154	?	159	172	197	236	209
Total	?	252	243	?	?	315	316	?	319	319	370	456	392

Table 5

Number of breeding pairs of *Daption capense* in particular locations (SSSI No. 8) and seasons. A compilation based on data from: ¹ Jabłoński 1986, ² Sierakowski 1991, ³ Lesiński 1993 and personal observations.

Location of colony	Breeding seasons									
	78/79 ¹	88/89 ²	89/90 ³	90/91	91/92	92/93	94/95	95/96		
Point Thomas	0	0	0	1	1	1	1	1		
Llano Point	0	0	1	7	9	7	12	10		
Demay Point	38	43	55	82	250	240	255	220		
Blue Dyke	3	2	16	15	37	30	22	19		
Total	41	45	72	105	297	278	290	250		

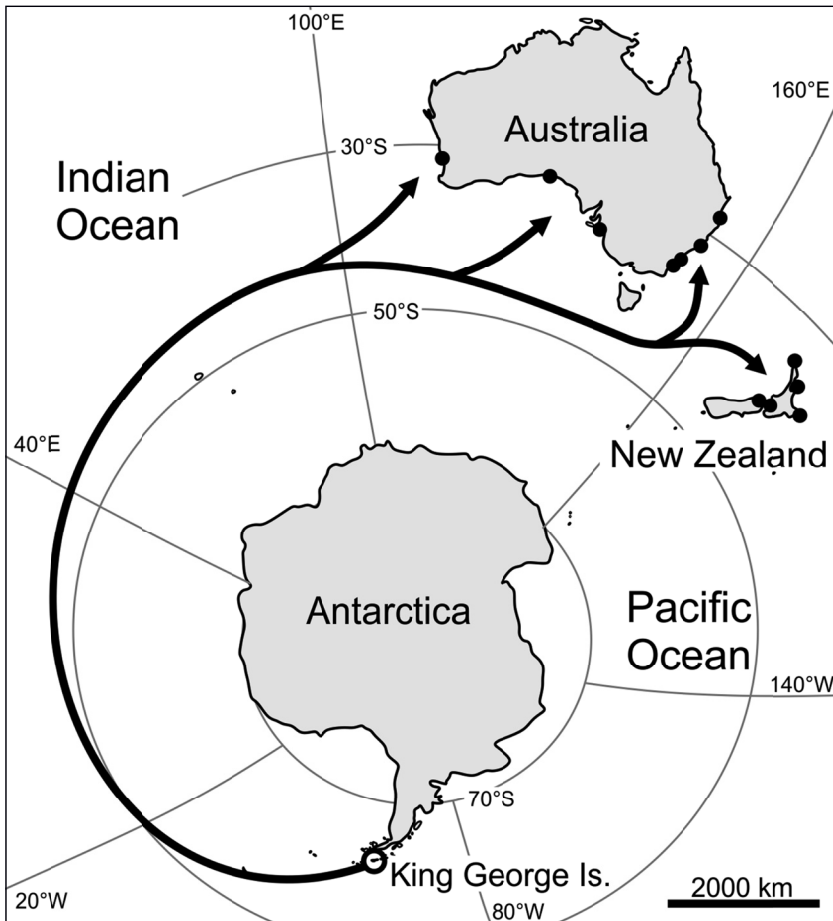


Fig. 8. Flight direction and records of *Macronektes giganteus* banded on King George Island.

Wilson's Storm Petrel (*Oceanites oceanicus*). — This species was one of the most common breeding species of the Admiralty Bay area, occurring in all oases along its coast. The preferred breeding biotope of Wilson's Storm Petrels was the rock rubble made of andesite and basalts on the northern slopes. They also built their nests in rock crevices of cliffs, under large boulders and whale bones. Breeding activity in nests located in the rock rubble on the southern slopes began much later due to the longer snow retention and delayed drying of the ground between stone heaps. The population size assessment was very difficult due to the fact that birds were active at night. During the 1978/1979 season, there were two thousand pairs nesting in the SSSI No. 8 area (Jabłoński 1986), while the breeding population of the entire Admiralty Bay area was estimated

at 3,400 pairs in 1979/1980 (Wasilewski 1986). In two seasons, 1988/1989 (Sierakowski 1991) and 1994/1995, eight breeding colonies of Wilson's Storm Petrels were recorded between Jardine Peak and Patelnia Point (Jardine Peak – Point Thomas, Shag Point – Rakusa Point, Llano Point, Sphinx Hill – Zamek, Demay Point, Uchatka Point, Blue Dyke, Patelnia Point) (see Fig. 2). However, more than 50% of nesting birds were breeding in Jardine Peak – Point Thomas oasis in both seasons. Notes on phenology of this species are presented in Table 3.

Black-bellied Storm Petrel (*Fregetta tropica*). — In the SSSI No. 8 area these birds were hardly numerous and often bred in mixed colonies with Wilson's Storm Petrels. Both species had similar activity periods and reproduction phenology. The largest breeding aggregation of Black-bellied Storm Petrels (a mixed colony) in the Admiralty Bay area was located on the slopes of the Jersak Peak. In the 1978/1979 season, it consisted of *ca.* 250 individuals (Jabłoński 1986), whereas during the 1979/1980 and 1980/1981 breeding seasons, about 320 individuals were nesting there (Wasilewski 1986). In the seasons 1988/1989 (Sierakowski 1991) and 1994/1995, single nesting pairs of the Black-bellied Storm Petrel were also recorded between Shag Point and Rakusa Point, within Llano Point, between Sphinx Hill and Zamek, and within Demay Point, Uchatka Point, Blue Dyke, Patelnia Point oases (see Fig. 2). However, in both seasons more than 90% of the whole breeding population nested within the Point Thomas and Jardine Peak oasis. The first post-winter appearance of Black-bellied Storm Petrels was recorded between 9 September and 16 November (Table 3). However, the majority of returning individuals were recorded in the first half of November. The phenology of the reproduction of Black-bellied Storm Petrels was similar to that of Wilson's Storm Petrels.

Antarctic Shag (*Phalacrocorax atriceps bransfieldensis*). — The breeding colony was located on Shag Island (Vaureal Point) (Fig. 1). The colony size was rather stable and reached the maximum number of 128 breeding pairs (Table 6). Additionally one pair was observed breeding in Herve Cove in 1987/88. Moreover, up to 100 adult non-breeding individuals usually stayed in the Admiralty Bay area during the breeding season (Myrcha 1993). After the breeding season, flocks of shags, usually consisting of about a dozen individuals, were seen, until the bay was entirely frozen. A flock of 155 birds was observed on June 1989 in the Point Thomas area (Lesiński 1993).

Pale-faced Sheathbill (*Chionis albus*). — These birds built their nests in niches within the rock rubble in the vicinity of penguin colonies. Due to their strong territoriality, they did not occur in great numbers and their numbers varied from 27 to 63 individuals. In the SSSI No. 8, birds nested in a few oases (Table 7). Nesting birds were also recorded in the Vaureal Point and Chabrier Rock area. Sheathbills began to form pairs in the middle of September. The

Table 6

Number of breeding pairs of *Phalacrocorax atriceps bransfieldensis* in particular seasons in Admiralty Bay area. A compilation based on data from: ¹ Jabłoński 1986, ² Myrcha 1993, ³ Sierakowski 1991, ⁴ Lesiński 1993 and personal observations.

Location of colony	Breeding seasons								
	78/79 ¹	84/85 ²	87/88 ³	88/89 ³	89/90 ⁴	90/91	92/93	94/95	95/96
Shag Island	114	96	97	83	96	122	128	86	108

construction of nests started early in October. Egg laying began at the end of November and ended in the middle of December. After the breeding period, a large part of the population wintered, from the beginning of April until the end of October, in the vicinity of the *Arctowski* Station (Fig. 9). Many of the observed wintering sheathbills were banded. Identification of marked birds showed that some individuals came from different areas of the island. There was also a winter movement of birds between some Antarctic stations or other places providing an access to human food waste.

South Polar Skua (*Stercorarius maccormicki*). — These birds occurred in small numbers in the SSSI No. 8, on moraine hills covered by tundra. Some non-breeding individuals were also observed in the summer season. These were mainly juvenile birds staying in the vicinity of freshwater ponds situated near the *Arctowski* Station.

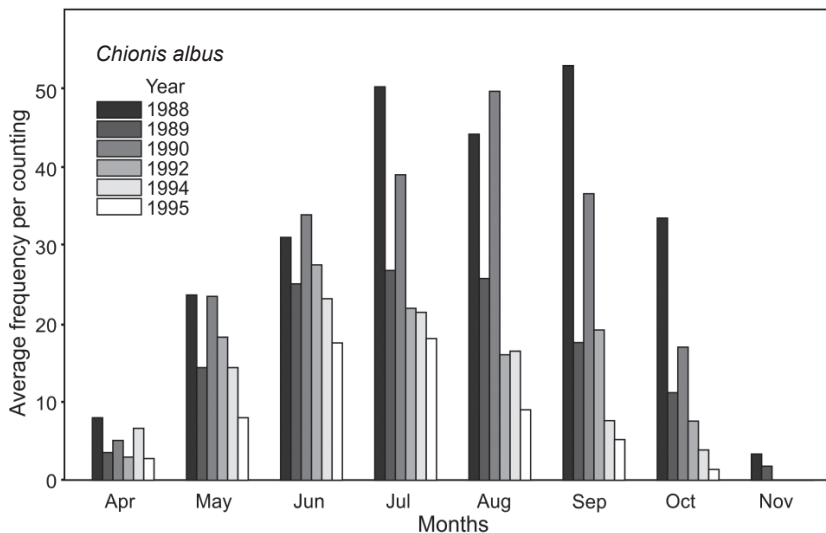


Fig. 9. Number (average frequency per counting) of *Chionis albus* individuals observed in the vicinity of the *Arctowski* Station during five winter seasons (from April to November).

Table 7

Number of nests of *Chionis albus* in particular locations (SSSI No 8) and seasons. A compilation based on data from: ¹ Trivelpiece *et al.* 1980, ² Jabłoński 1986, ³ Sierakowski 1991, ⁴ Lesiński 1993 and personal observations.

Location of nests	Breeding seasons								
	77/78 ¹	78/79 ²	88/89 ³	89/90 ⁴	90/91	91/92	92/93	94/95	95/96
Point Thomas	9	12	5	2	5	3	2	0	0
Rescuers Hills	3	1	1	3	3	4	3	2	2
Sphinx-Siodło	?	0	2	0	1	1	1	0	0
Demay Point	?	1	1	1	1	0	0	0	0
Blue Dyke	?	0	0	2	1	1	0	0	0
Total	?	14	9	8	11	9	6	2	2

Brown Skua (*Stercorarius antarctica*). — This species was more numerous in comparison with *S. maccormicki* and was observed within almost the entire SSSI No. 8, especially in the vicinity of the penguin colonies. A sub-species, *Stercorarius antarcticus lonnbergi*, was also recorded in this area. Each summer, a large population of non-breeding individuals, mainly juvenile birds, flocked near freshwater ponds located in the vicinity of the *Arctowski* Station. Their numbers often exceeded 200 individuals mixed with non-breeding South Polar Skuas. Both species sometimes form mixed breeding pairs that always consists of *S. antarcticus lonnbergi* females and *S. maccormicki* males (Trivelpiece and Volkman 1982). Such breeding attempts are often successful and the offspring (hybrids) are fertile. Since some observations did not consider subtle differences in plumage between *S. maccormicki*, *S. antarcticus* and hybrids, data concerning skua distribution, number of breeding pairs and phenology have been presented altogether as *Stercorarius* sp. (Table 3, 8). Skuas bred not only within SSSI No. 8 but also at the whole ice free area of western shore of Admiralty Bay.

Kelp Gull (*Larus dominicanus*). — This species was observed in the larger oases of SSSI No. 8 (Table 9). Both breeding and non-breeding birds (Table 3) were observed.

Small breeding clusters of loosely spaced nests were usually situated on small rocks and moraines in the vicinity of the sea. A large part of the population wintered in the vicinity of the *Arctowski* Station (Fig. 10). The maximum number of wintering gulls was 166 individuals observed in 1988. From 1990, a decrease in the number of wintering birds has been observed and their maximum numbers in following years varied from 34 to 68. Kelp Gulls bred not only within SSSI No. 8, but also at the whole ice free area of Admiralty Bay.

Table 8

Number of breeding pairs of *Stercorarius* sp. in particular locations (SSSI No 8) and seasons. A compilation based on data from: ¹ Trivelpiece *et al.* 1980, ² Jabłoński 1986, ³ Sierakowski 1991, ⁴ Lesiński 1993 and personal observations.

Location of nests	Breeding seasons								
	77/78 ¹	78/79 ²	88/89 ³	89/90 ⁴	90/91	91/92	92/93	94/95	95/96
Point Thomas	28	38	21	31	21	38	38	34	?
Rescuers Hills	17	11	8	12	17	14	14	9	?
Sphinx – Siodło	?	3	2	1	4	2	3	4	?
Demay Point	?	10	3	2	11	8	10	8	?
Uchatka Point			1	4	4	3	3	3	?
Blue Dyke	?	5	2	4	3	4	5	4	?
Patelnia Point	?	2	1	3	2	2	2	2	2
Total	?	69	38	57	62	71	75	64	?

Table 9

Number of breeding pairs of *Larus dominicanus* in particular locations (SSSI No 8) and seasons. A compilation based on data from: ¹ Trivelpiece *et al.* 1980, ² Jabłoński 1986, ³ Myrcha 1993, ⁴ Sierakowski 1991, ⁵ Lesiński 1993 and personal observations.

Location of nests	Breeding seasons									
	77/78 ¹	78/79 ²	85/86 ³	88/89 ⁴	89/90 ⁵	90/91	91/92	92/93	94/95	95/96
Point Thomas	11	22	?	10	16	13	8	11	14	13
Llano Point	2	8	?	12	9	8	5	8	6	6
Sphinx – Siodło	?	6	?	3	2	8	6	6	4	6
Demay Point	?	16	?	22	10	11	12	14	9	9
Blue Dyke	?	7	?	5	7	6	5	6	5	4
Patelnia Point	?	0	30	0	3	5	9	12	8	8
Total	?	59	?	52	47	51	45	57	46	46

Antarctic Tern (*Sterna vittata*). — These birds bred in all large oases of SSSI No. 8 (Table 10). The size of breeding groups ranged from a few up to several dozen scattered nests located on moraines and mild slopes with fine rubble. The breeding phenology (Table 3) of the Antarctic Tern was protracted and the size of its population was subject to seasonal fluctuations. During the winter icing Antarctic Terns moved away to open waters. However, when Admiralty Bay did not freeze, small flocks of feeding birds were observed. The number

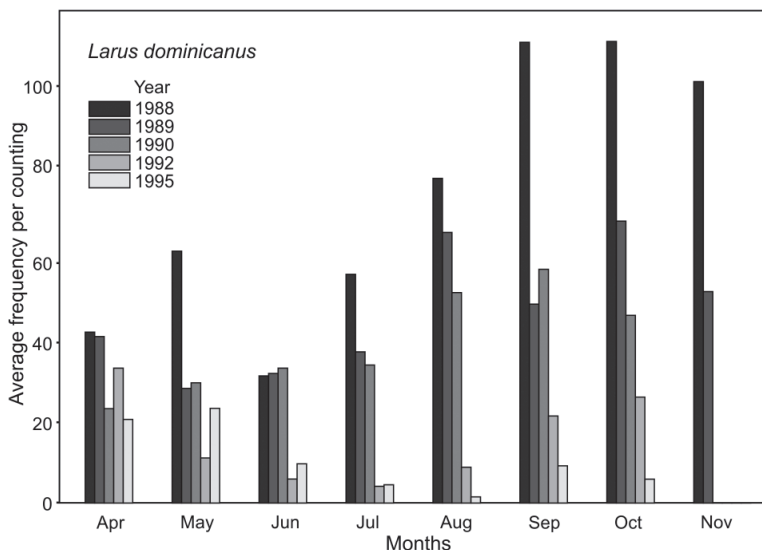


Fig. 10. Number (average frequency per counting) of *Larus dominicanus* individuals observed in the vicinity of the *Arctowski* Station during five winter seasons (from April to November).

Table 10

Number of breeding pairs of *Sterna vittata* in particular locations (SSSI No 8) and seasons. A compilation based on data from: ¹ Jabłoński 1995, ² Myrcha 1993, ³ Sierakowski 1991, ⁴ Lesiński 1993 and personal observations.

Location of nests	Breeding seasons									
	78/79 ¹	79/80 ¹	80/81 ¹	85/86 ²	88/89 ³	89/90 ⁴	90/91	92/93	94/95	95/96
Point Thomas	34	90	58	?	13	6	28	65	33	33
Rescuers Hills	4	2	2	?	0	9	5	3	0	0
Sphinx-Siodło	8	62	82	?	10	25	7	15	3	3
Demay Point	-	-	-	?	110	40	70	62	58	67
Uchatka Point	152	363	218	?	15	22	24	16	25	17
Blue Dyke	159		16	?	25	8	6	9	15	10
Patelnia Point	20	39	30	50	15	33	27	37	1	2
Total	377	556	406	?	188	143	167	207	135	132

of Antarctic Terns remaining within bay waters increased even up to a few hundred individuals during the winter storms, when the wind blew from the north (Myrcha 1993; Lesiński 1993). Beyond SSSI No. 8, Antarctic Terns bred at the whole ice free area of Admiralty Bay.

Non-breeding birds visiting regularly

Macaroni Penguin (*Eudyptes chrysolophus*). — One to three individuals were observed within the SSSI No. 8 area, almost every year (Presler 1980; Jabłoński 1986; Lesiński 1993). According to Trivelpiece *et al.* (1987a), these birds appeared from the middle to the end of the summer in the area of Point Thomas and Llano Point. They were also recorded regularly in 1988, 1990, 1991, 1993, and 1995 at Point Thomas, Llano Point and Patelnia Point, between mid Dec and Feb.

Southern Fulmar (*Fulmarus glacialoides*). — One to three individuals were regularly observed within the Admiralty Bay, in the area of Point Thomas, in Jan 1979 (Jabłoński 1986), in Sep 1988, in Apr, Sep, Oct 1989; (Lesiński 1993) and also in Feb 1990, summer season 1991, Aug 1992 and Sep 1995. On 3 October 1995, about a dozen birds were recorded flying over the bay.

Snow Petrel (*Pagodroma nivea*). — A few individuals were observed flying over the bay in Feb 1979 for the first time (Jabłoński 1986). Since 1988, this species was observed many times during winter storms when the bay was free of ice. Since 1989, from three to twenty two individuals were frequently observed mostly during the winter season (Lesiński 1993).

Arctic Tern (*Sterna paradisaea*). — This species was regularly recorded in the Admiralty Bay area. Between three to nine individuals were observed during the summer season of 1990 (Nov), 1992 (Jan) and 1995 (Feb and Nov).

Non-breeding birds visiting rarely

Southern Rockhopper Penguin (*Eudyptes chrysocome*). — Single individuals were observed during the 1985, 1986, 1987, 1988, 1993 and 1995 summer (Nov to Feb), mostly at Point Thomas, Uchatka Point and Patelnia Point. In Jan–Feb 1987 (Trivelpiece *et al.* 1987a) and Feb 1988 single individuals were seen moulting at Point Thomas.

Black-browed Albatross (*Thalassarche melanophris*). — Single individuals were observed in Feb in 1989 and 1990 within the Admiralty Bay area (Lesiński 1993) and in Jan 1991 and Feb 1995 between Llano Point and Demay Point.

Antarctic Petrel (*Thalassoica antarctica*). — These birds were observed in the Admiralty Bay area between Feb and Jul. Single individuals were recorded in 1990 (Lesiński 1993), 1992 and 1995. Moreover, five individuals were recorded in Oct 1995.

Black-necked Swan (*Cygnus melancoryphus*). — A single individual was recorded in Jan and Feb of 1989 on the freshwater lake near the *Arctowski* Station and in Admiralty Bay (Sierakowski 1991; Lesiński 1993). Single individuals were observed, within the same area, in Dec of 1992, 1994 and Apr 1995.

Yellow-billed Pintail (*Anas georgica*). — Twenty individuals were recorded in Oct 1985 in the area of Point Thomas (Trivelpiece *et al.* 1987a). In 1995, at the end of Oct and beginning of Nov, between seven and thirteen individuals were observed at Point Thomas.

White-rumped Sandpiper (*Calidris fuscicollis*). — Twenty five individuals were observed in the area of Point Thomas, by the colony of Adélie Penguins, from Oct 1985 to Feb 1986. During the summer of 1986/87, a single individual was recorded at Sphinx Hill (Trivelpiece *et al.* 1987a). In Nov 1990, between four and nine individuals were seen at Point Thomas and Llano Point, and two individuals were observed in Nov 1995 at Point Thomas.

Non-breeding birds visiting occasionally

King Penguin (*Aptenodytes patagonicus*). — One individual was recorded near the *Arctowski* Station fuel tank on 11 Jan 1990 (Lesiński 1993).

Emperor Penguin (*Aptenodytes forsteri*). — Single individuals were observed in Jun 1977 (Presler 1980) and in Nov 1990 at Llano Point.

Magellanic Penguin (*Spheniscus magellanicus*). — One individual was recorded in the area of Point Thomas on 17 Jan 1984 (Trivelpiece *et al.* 1987a).

Sooty Albatross (*Phoebastria fusca*). — One individual was recorded over the Admiralty Bay area on 27 Feb 1979 (Jabłoński 1986).

Light-mantled Albatross (*Phoebastria palpebrata*). — One individual was recorded over the Admiralty Bay area on 18 Jan 1988 (Sierakowski 1991).

Blue Petrel (*Halobaena caerulea*). — Single individuals were observed twice over the Admiralty Bay area, over the Ecology Glacier (3 Sep 1989) and at Point Thomas (26 May 1995).

Antarctic Prion (*Pachyptila vittata*). — One dead individual was found at Patelnia Point on 20 March 1992.

Cattle Egret (*Bubulcus ibis*). — The species was recorded three times in the following Antarctic summers of: 1984/85 at Point Thomas, 1985/86 at Sphinx Hill (Trivelpiece *et al.* 1987a) and at Sphinx Hill on 7 Feb 1992. Each time it was a single dead individual.

Chiloé Wigeon (*Anas sibilatrix*). — Four males appeared on 11 Nov 1981 at Pt. Thomas after a strong storm, and stayed for 46 days on freshwater lakes (Trivelpiece *et al.* 1987a).

Wilson's Phalarope (*Phalaropus tricolor*). — Two birds were observed on a shallow lake among moraines at Point Thomas between 27 Feb and 6 March 1995.

Chilean Skua (*Stercorarius chilensis*). — One bird was recorded at Demay Point on 18 Feb 1995.

Discussion

Krill, *Euphausia superba*, is an important element of the Antarctic food chain. It is the main component of the penguin diet, and constitutes between 86.5% (Gentoo) and up to 99% (Adélie and Chinstrap) of their food mass (Volkman *et al.* 1980). In the 19th and mid-20th centuries, many seal and whale populations in the Southern Ocean were depleted, due to intensive exploitation of marine living resources. It was suggested that these marine mammals had competed with penguins for the same food resources, mainly krill. The decreases in their populations allowed some species of seabirds, including penguins, to increase their abundance (Trivelpiece and Volkman 1979). This might have been a reason of *Pygoscelis* population increase in investigated area in the 1970s (see Table 2). After years of uncontrolled harvesting, a strict protection of marine mammals took place: the International Convention for the Regulation of Whaling was ratified in 1946, and the Convention for the Conservation of Antarctic Seals – in 1972. Therefore, it was suggested that the following changes in distribution of some penguin populations reflect the recent recovery of fur seal (*e.g.* Trathan *et al.* 2012) and whale (*e.g.* Trivelpiece *et al.* 2011) populations. Moreover, the range of the pack ice surface in the winter is important for the survival of krill (Loeb *et al.* 1997) and can be decisive in the availability of food for penguins. The penguin food reserves have diminished due to warm winters and a reduction of the pack ice range since the early eighties (Ducklow *et al.* 2007). Hence, it seems that changes caused by regional warming contribute to the downward trend visible in the penguin population size of the mainly krill-dependent Adélie and Chinstrap Penguins, in the Antarctic Peninsula region in the early 1990s (Hinke *et al.* 2007; Trivelpiece *et al.* 2011). On the other hand, deglaciation promotes an increase in the area of potential breeding places available to penguins and other birds.

On the western shore of Admiralty Bay, between 1977 and 1996, penguins prevailed over other birds in terms of population sizes. The absolute domination of *P. adeliae* in the area was not typical of the entire King George Island, where it was outnumbered by *P. antarcticus* (Jabłoński 1984b). During the study period, the number of Adélie and Chinstrap Penguins' nests in SSSI No. 8 showed a downward trend (from 23,661 in 1978 to 15,637 in 1996, and from 7,225 in 1978 to 2,308 in 1996, respectively). According to many authors, decline

of these species was caused by drop in krill population, as a result of the warming trend and sea ice cover disappearance in the Antarctic Peninsula region (Hinke *et al.* 2007; Carlini *et al.* 2009; Korczak-Abshire 2010; Trivelpiece *et al.* 2011; Korczak-Abshire *et al.* 2012, 2013; Juárez *et al.* 2015). However, human disturbance also seems to be the local factor responsible for the decrease in the numbers of some species, including penguins, in the vicinity of the *Arctowski* Station (Chwedorzewska 2009; Chwedorzewska and Korczak 2010). The number of breeding pairs of the Gentoo Penguin diminished from 700 in 1977 to 205 in 1996 in the Point Thomas area, but the size of the colony in the Llano Point located more than 2 km away showed no distinct directional changes (Ciaputa and Sierakowski 1999). These trends, with small fluctuations, were continued in the following years (Chwedorzewska and Korczak 2010). Summing up, for all three *Pygoscelis* species, a declining trend of breeding populations in the investigated area was observed and reached 68.06% for Chinstrap, 38.04% for Gentoo and 13.13% for Adélie Penguins, which stays in accordance with the observations of other authors (*e.g.* Fraser and Hofmann 2003).

Decreasing population trends were also recorded for some other birds, such as *Chionis albus* and *Sterna vittata*. Sheathbills occur in the vicinity of seabird colonies and focus their activities there (Burger 1981). Therefore, it is highly probable that a decrease in abundance of Snowy Sheathbills recorded in the present study is related to the breeding population drop observed in pygoscelids. An example of positive correlation between increase of sheathbill and penguin populations was observed three decades later by González-Zevallos *et al.* (2013) in the northern sector of the Danco Coast, north-west of the Antarctic Peninsula.

The number of nests of Southern Giant Petrels, in one of the two breeding clusters of the Point Thomas colony located near the *Arctowski* Station, decreased (probably due to anthropogenic pressure), while in the second breeding cluster, *ca.* 1 km away from the station, the population remained constant. However, the number of nests in two distant colonies (Rescuers Hills and Vaureal Point) increased during the same time frame. The largest colony of Southern Giant Petrels within the South Shetlands was located on Penguin Island, opposite the entrance to King George Bay, with up to 512 nests in 1978 (Jabłoński 1980), (Fig. 1). Interestingly, at least occasionally, birds moved between King George Bay and Admiralty Bay areas. An increase in number of breeding pairs was also recorded in *Daption capense*.

For other breeding species, *Stercorarius* sp., *Phalacrocorax atriceps bransfieldensis* and *Larus dominicanus*, population sizes either remained stable or fluctuated slightly between the years. *L. dominicanus* populations remained relatively unchanged in some locations on King George Island even in later years (Woehler *et al.* 2001). In the case of *Stercorarius* sp., species identification is difficult due to hybridisation of the two species in the South Shetlands. Nevertheless, our observations indicate that *Stercorarius* sp. population was

stable through the study period. According to other authors the South Polar Skua numbers increased at King George Island (Shuford and Spear 1988) as well as in the South Orkneys (Hemming 1984). This trend continues in the recent years (Carneiro *et al.* 2010). When examining *Stercorarius* sp. population trends in Admiralty Bay, Carneiro *et al.* (2010) discovered that total number of breeding skuas had increased by 293% since 1978/1979. However, there has been an overall decline (by 40%) in Brown Skua pairs during the same time, driven primarily by a large decrease in the breeding density of their pairs in areas without penguin colonies. Populations of shags in the Antarctic Peninsula exhibit broad coherence over the region, with trends before the mid-1980s generally increasing and trends after this period decreasing. Causal factors associated with these patterns have not been identified, but changes in abundance of juvenile year-classes of fish are likely to be involved (Woehler *et al.* 2001).

Among 13 breeding species of birds from the Admiralty Bay, six species, *Pygoscelis adeliae*, *P. antarcticus*, *Oceanites oceanicus*, *Fregetta tropica*, *Stercorarius maccormicki* and *S. antarcticus lonnbergi*, leave the area after completing their breeding activities. A part of the population of *Macronektes giganteus*, *Chionis albus* and *Larus dominicanus* stay for the winter, regardless of the ice condition of the bay. Moreover, *C. albus* and *L. dominicanus* inhabit the vicinity of Antarctic Stations and for that time behave as synanthropes feeding on wastes, mostly in those periods when the bay is covered by ice. Individuals of some other breeding species, *P. papua*, *Daption capense*, *Phalacrocorax atriceps bransfieldensis* and *Sterna vittata*, stay for the winter only if the bay is partially or entirely ice-free.

There are several potential mechanisms by which vagrant individuals arrive in the Antarctic. Birds may either be drifted off-course from their normal migration routes by gales; may be ship followers during their journey or may represent the vanguard of individuals pioneering new migration routes (Korczak-Abshire *et al.* 2011b). For most rarely observed species, King George Island is beyond the limits of their natural range (Santos *et al.* 2007), and harsh conditions prevailing in Antarctica significantly reduce the likelihood of their survival (Gryz *et al.* 2015).

In the area of the SSSI No. 8, three species of long-distance migrants from the Northern Hemisphere were observed: the White-rumped Sandpiper – nesting in Northern Canada, wintering in Chile and Argentina south of the Tropic of Capricorn; Wilson's Phalarope – nesting in the central part of North America, wintering in Peru, Bolivia, Chile and Argentina as far as Tierra del Fuego; and the Arctic Tern – nesting from the temperate zone of the northern hemisphere to the Arctic, wintering in the Southern Hemisphere around the border of the Antarctic pack ice. Records of White Sandpiper in the study area were also noted in later years (Korczak-Abshire *et al.* 2011a).

South-American species, such as the Black-necked Swan, Chiloé Wigeon, Yellow-billed Pintail and the Chilean Skua were noted after strong storms coming from a northerly direction. More observations of such a phenomenon were made by Trivelpiece *et al.* (1987a) and in following years by Korczak-Abshire *et al.* (2011b). Most non-breeding species were observed during the spring, summer or autumn and three of them, *Aptenodytes forsteri*, *Thalassoica antarctica* and *Pagodroma nivea*, were also observed in the winter. However, some bird species may respond to environmental changes observed in the Antarctic Peninsula, by shifting their breeding range probably due to the areas available to breed and/or feed. For example, a single instance of King Penguin breeding attempt was registered at Stranger Point (King George Island), and the chick remained alive until 5 months old (Juárez *et al.* 2014, 2016).

Our long-term data represent a unique reference basis and provide valuable information about indicator species, suitable for comparison with contemporary observations of bird populations in the Antarctic Peninsula region. Any differences observed will help to understand ongoing ecological processes, especially facing the issue of rapidly occurring climate changes as well as intensive harvesting of Antarctic marine living resources. Development of recent technology in geospatial science and remote sensing provides a useful tool for direct estimation of indicator species populations, as illustrated in several publications (Trathan 2004; Schwaller *et al.* 2013; Southwell *et al.* 2013; LaRue *et al.* 2014; Goebel *et al.* 2015; Zmarz *et al.* 2015; Korczak-Abshire *et al.* 2016). Increased tourism and development of research station infrastructure, in the face of climate change, carries the threat of invasion of alien species (Lityńska *et al.* 2012; Augustyniuk-Kram *et al.* 2013; Chwedorzewska *et al.* 2013; Wódkiewicz *et al.* 2013) which can also affect the condition of the native populations of birds. For example, the presence of *Salmonella* sp. in the intestinal flora of the two Gentoo Penguin sampled populations were recorded within investigated area (Dimitrov *et al.* 2009). We hope that our data will serve to enrich the open access databases, like the Mapping Application for Penguin Populations and Projected Dynamics (MAPPPD) (www.penguinmap.com). This useful tool provides free and ready access to the population counts and modelled data, and can act as a facilitator for data transfer between scientists and Antarctic stakeholders to help inform management decisions for the continent (Humphries *et al.* 2017).

Acknowledgments. — Kazimierz Sierakowski would like to thank Professor Stanisław Rakusa-Suszczewski, for making his participation in the 12th, 14th, 16th and 19th Polish Antarctic Expeditions to the *Arctowski* Station possible, and Professor Aleksander Wasilewski, for the scientific supervision. He would also like to thank the leaders of expeditions: Dr Piotr Presler, Paweł Madejski, Professor Maria Olech and Krzysztof Makowski for priceless help. He is particularly grateful to Professor Andrzej Tatur for his support in manuscript preparation. Authors would like to thank all reviewers, especially Dr Susan G. Trivelpiece for valuable and precious suggestions to our manuscript. The

development of archive data has been partly supported by funding from the Polish-Norwegian Research Programme operated by the National Centre for Research and Development under the Norwegian Financial Mechanism 2009–2014 in the frame of Project Contract No 197810. The data used in the paper were collected based on *Henryk Arctowski* Polish Antarctic Station and are available in the Department of Antarctic Biology, Institute of Biochemistry and Biophysics, PAS.

References

- AUGUSTYNIUK-KRAM A., CHWEDORZEWSKA K.J., KORCZAK-ABSHIRE M., OLECH M. and LITYŃSKA-ZAJĄC M. 2013. An analysis of fungal propagules transported to the *Henryk Arctowski* Station (Antarctica). *Polish Polar Research* 34: 269–278.
- BLACK C.E. 2016. A comprehensive review of the phenology of *Pygoscelis* penguins. *Polar Biology* 39: 405–432.
- BURGER A.E. 1981. Time budget, energy needs and kleptoparasitism in breeding lesser sheathbills (*Chionis minor*). *The Condor* 83: 106–112.
- CARLINI A.R., CORIA N.R., SANTOS M.M., NEGRETE J., JUARES M.A. and DANERI G.A. 2009. Responses of *Pygoscelis adeliae* and *P. papua* populations to environmental changes at Isla 25 de Mayo (King George Island). *Polar Biology* 32: 1427–1433.
- CARNEIRO A.P.B., POLITO M.J., SANDER M. and TRIVELPIECE W.Z. 2010. Abundance and spatial distribution of sympatrically breeding *Catharacta* spp. (skuas) in Admiralty Bay, King George Island, Antarctica. *Polar Biology* 33: 673–682.
- CHAMBERS L.E., ALTWEGG R., BARBRAUD C., BARNARD P., BEAUMONT L.J., CRAWFORD R.J.M., DURANT J.M., HUGHES L., KEATLEY M.R. and LOW M. 2013. Phenological changes in the Southern Hemisphere. *PLoS ONE* 8: e75514
- CHWEDORZEWSKA K.J. 2009. Terrestrial Antarctic ecosystems at the changing world – an overview. *Polish Polar Research* 30: 263–273.
- CHWEDORZEWSKA K.J. and KORCZAK M. 2010. Human impact upon the environment in the vicinity of *Arctowski* Station, King George Island, Antarctica. *Polish Polar Research* 31: 45–60.
- CHWEDORZEWSKA K.J., KORCZAK-ABSHIRE M., OLECH M., LITYŃSKA-ZAJĄC M. and AUGUSTYNIUK-KRAM A. 2013. Alien invertebrates transported accidentally to the Polish Antarctic Station in cargo and on fresh foods. *Polish Polar Research* 34: 55–66.
- CIAPUTA P. and SIERAKOWSKI K. 1999. Long-term population changes of Adélie, chinstrap and gentoo penguins in the regions of SSSI No. 8 and SSSI No. 34, King George Island, Antarctica. *Polish Polar Research* 20: 355–365.
- CROXALL J.P. and KIRKWOOD E.D. 1979. *The distribution of penguins on the Antarctic Peninsula and Islands of the Scotia Sea*. Abundance and spatial distribution of sympatrically breeding *Catharacta* spp. (skuas) in Admiralty Bay, King George Island, Antarctica, Cambridge: 186 pp.
- DEL HOYO J., ELLIOTT A. and SARGATAL J. 1991–1999. *Handbook of the Birds of the World*. Vol. 1 and 3. Lynx Edicions, Barcelona: 696 pp.
- DIMITROV K., METCHEVA R. and KENAROVA A. 2009. *Salmonella* presence – an indicator of direct and indirect human impact on Gentoo in Antarctica. *Biotechnology & Biotechnological Equipment* 23: 246–249.
- DUCKLOW H., BAKER K., MARTINSON D.G., QUETIN L.B., ROSS R.M., SMITH R.C., STAMMERJOHN S.E., VERNET M. and FRASER W.R. 2007. Marine pelagic ecosystems: the West Antarctic Peninsula. *Philosophical Transactions of the Royal Society, B* 362: 67–94.

- FRASER W.R. and HOFMANN E. 2003. A predator's perspective on causal links between climate change, physical forcing and ecosystem response. *Marine Ecology Progress Series* 265: 1–15.
- GAIN L. 1914. *Oiseaux Antarctiques*. Deuxieme Expedition Antarctique Francaise 1908–1910, Paris: 200 pp.
- GILG O., KOVACS K.M., AARS J., FORT J., GAUTHIER G., GRÉMILLET D., IMS R.A., MELTOFTE H., MOREAU J., POST E., SCHMIDT N.M., YANNIC G. and BOLLACHE L. 2012. Climate change and the ecology and evolution of Arctic vertebrates. *Annals of the New York Academy of Sciences* 1249: 166–190.
- GOEBEL M.E., PERRYMAN W.L., HINKE J.T., KRAUSE D.J., HANN N.A., GARDNER S. and LEROI D.J. 2015. A small unmanned aerial system for estimating abundance and size of Antarctic predators. *Polar Biology* 38: 619–630.
- GONZÁLEZ-ZEVALLOS D., SANTOS M., ROMBOLÁ E., JUÁRES M. and CORIA N. 2013. Abundance and breeding distribution of seabirds in the northern part of the Danco Coast, Antarctic Peninsula. *Polar Research* 32: 11133.
- GRYZ P., KORCZAK-ABSHIRE M. and GERLÉE A. 2015. First record of the Austral Negrito (Aves: Passeriformes) from the South Shetlands, Antarctica. *Polish Polar Research* 36: 297–304.
- HAMMER Ø., HARPER D.A.T. and RYAN P.D. 2001. PAST: Paleontological statistics software package for education and data analysis. *Palaeontologia Electronica* 4: 9 pp.
- HEMMINGS A.D. 1984. Aspects of the breeding biology of McCormick's Skua *Catharacta mac-cormicki* at Signy Island, South Orkney Islands. *British Antarctic Survey Bulletin* 65: 65–79.
- HINDELL M.A., BRADSHAW C.J.A., BROOK B.W., FORDHAM D.A., KERRY K., HULL C. and MCMAHON C.R. 2012. Long-term breeding phenology shift in royal penguins. *Ecology and Evolution* 2: 1563–1571.
- HINKE J.T., SALWICKA K., TRIVELPIECE S.G., WATTERS G.M. and TRIVELPIECE W.Z. 2007. Divergent responses of *Pygoscelis* penguins reveal a common environmental driver. *Oecologia* 153: 845–855.
- HUMPHRIES G.R.W., NAVEEN R., SCHWALLER M., CHE-CASTALDO C., MCDOWALL P., SCHRIMPF M. AND LYNCH H.J. 2017. Mapping Application for Penguin Populations and Projected Dynamics (MAPPPD): data and tools for dynamic management and decision support. *Polar Record* 53: 160–166.
- JABŁOŃSKI B. 1980. Distribution and numbers of birds and pinnipeds on Penguin Island (South Shetland Islands) in January 1979. *Polish Polar Research* 1: 109–116.
- JABŁOŃSKI B. 1984a. Distribution, number and breeding preferences of penguins in the region of the Admiralty Bay (King George Island, South Shetland Islands) in the season 1979/1980. *Polish Polar Research* 5: 5–16.
- JABŁOŃSKI B. 1984b. Distribution and numbers of penguins in the region of King George Island (South Shetland Islands) in the breeding season 1980/1981. *Polish Polar Research* 5: 17–30.
- JABŁOŃSKI B. 1986. Distribution, abundance and biomass of a summer community of birds in the region of the Admiralty Bay (King George Island, South Shetland Islands, Antarctica) in 1978/1979. *Polish Polar Research* 7: 217–260.
- JABŁOŃSKI B. 1987. Diurnal pattern of changes in the number of penguins on land and the estimation of their abundance (Admiralty Bay, King George Island, South Shetland Islands). *Acta Zoologica Cracoviensia* 30: 97–118.
- JABŁOŃSKI B. 1995. Distribution, abundance and biology of the Antarctic Tern *Sterna vittata* Gmelin 1789, on King George Island (South Shetland Islands). *Acta Zoologica Cracoviensia* 38: 399–460.

- JUÁRES M.A., NEGRETE J., MENNUCCI J.A., PERCHIVALE P.J., SANTOS M., MOREIRA M.E. and CORIA N.R. 2014. Further evidence of king penguins' breeding range extension at South Shetland Islands? *Antarctic Science* 26: 261–262.
- JUÁRES M.A., SANTOS M., NEGRETE J., MENNUCCI J.A., PERCHIVALE P.J., CASAUX R. and CORIA N.R. 2015. Adélie penguin population changes at Stranger Point: 19 years of monitoring. *Antarctic Science* 27: 455–461.
- JUÁRES M.A., FERRER F., CORIA N.R. and SANTOS M.M. 2016. Breeding events of king penguin at the South Shetland Islands: Has it come to stay? *Polar Biology* 27: 455–461.
- KEJNA M. 1992. Próba wydzielenia termicznych pór roku na stacji *H. Arctowskiego*, Szetlandy Południowe w latach 1978–1989. *Problemy Klimatologii Polarnej* 34: 21–29.
- KEJNA M. 1999. Air Temperature on King George Island (South Shetland Islands, Antarctica). *Polish Polar Research* 20: 183–201.
- KEJNA M., ARAŻNY A. and SOBOTA I. 2013. The climatic change on King George Island (South Shetland Islands, Antarctica) in the years of 1948–2011. *Polish Polar Research* 2: 213–235.
- KORCZAK-ABSHIRE M. 2010. Climate change influences on Antarctic bird populations. *Papers on Global Change IGBP* 17: 43–53.
- KORCZAK-ABSHIRE M., ANGIEL P.J. and WIERZBICKI G. 2011a. Records of white-rumped sandpiper (*Calidris fuscicollis*) on the South Shetland Islands. *Polar Record* 47: 262–267.
- KORCZAK-ABSHIRE M., LEES A.C. and JOJCZYK A. 2011b. First documented record of Barn Swallow *Hirundo rustica* in the Antarctic. *Polish Polar Research* 32: 355–360.
- KORCZAK-ABSHIRE M., CHWEDORZEWSKA K.J., WAŚOWICZ P. and BEDNAREK P.T. 2012. Genetic structure of declining chinstrap penguin (*Pygoscelis antarcticus*) populations from South Shetland Islands (Antarctica). *Polar Biology* 35: 1681–1689.
- KORCZAK-ABSHIRE M., WĘGRZYN M., ANGIEL P.J. and LISOWSKA M. 2013. Pygoscelid penguin breeding distribution and population trends at Lions Rump rookery (South Shetland Islands). *Polish Polar Research* 34: 87–99.
- KORCZAK-ABSHIRE M., KIDAWA A., ZMARZ A., STORVOLD R., KARLSEN S.R., RODZEWICZ M., CHWEDORZEWSKA K. and ZNÓJ A. 2016. Preliminary study on nesting Adélie penguins disturbance by unmanned aerial vehicles. *CCAMLR Science* 23: 1–16.
- KÖRNER C. and BASLER D. 2010. Phenology under global warming. *Science* 327: 1461–1462.
- KRUSZEWSKI G. 2002. *Złodzenie Zatoki Admiralicji – przebieg i uwarunkowania*. Akademia Morska, Gdynia: 123 pp.
- LARUE M.A., LYNCH H.J., LYVER P.O.B., BARTON K., AINLEY D.G., POLLARD A., FRASER W.R. and BALLARD G. 2014. A method for estimating colony sizes of Adélie penguins using remote sensing imagery. *Polar Biology* 37: 507–517.
- LESIŃSKI G. 1993. Monitoring of birds and pinnipeds on King George Island (South Shetland Islands) in 1989/1990. *Polish Polar Research* 14: 75–89.
- LITYŃSKA-ZAJĄC M., CHWEDORZEWSKA K.J., OLECH M., KORCZAK-ABSHIRE M. and AUGUSTYNIUK-KRAM A. 2012. Diaspores and phyto-remains accidentally transported to the Antarctic Station during three expeditions. *Biodiversity and Conservation* 21: 3411–3421.
- LOEB V., HOLM-HANSEN O., HEWITT R., FRASER W., TRIVELPIECE W. and TRIVELPIECE S. 1997. Effects of sea-ice extent and krill or salp dominance on the Antarctic food web. *Nature* 387: 897–900.
- LYNCH H.J., NAVEEN R., TRATHAN P.N. and FAGAN W.F. 2012. Spatially integrated assessment reveals widespread changes in penguin populations on the Antarctic Peninsula. *Ecology* 93: 1367–1377.
- MENZEL A., SPARKS T.H., ESTRELLA N., KOCH E., AASA A., AHAS R., ALM-KÜBLER K., BISSOLLI P., BRASLAVSKA O. and BRIEDE A. 2006. European phenological response to climate change matches the warming pattern. *Global Change Biology* 12: 1969–1976.

- MYRCHA A. 1993. Birds. In: S. Rakusa-Suszczewski (ed.), *The maritime Antarctic coastal ecosystem of Admiralty Bay*. Department of Antarctic Biology, Polish Academy of Sciences, Warszawa: 129–141.
- PRESLER P. 1980. Phenological and physiographical observations carried out during the first wintering at the Arctowski Station in 1977. *Polskie Archiwum Hydrobiologiczne* 27: 245–252.
- SANTOS M.M., MONTALTI D., JUARES M., CORIA N.R. and ARCHUBY D. 2007. First record of the austral thrush (*Turdus falcklandii*) from the South Shetland Islands, Antarctica. *Notornis* 54: 231–232.
- SCHWALLER M.R., SOUTHWELL C.J. and EMMERSON L.M. 2013. Continental-scale mapping of Adélie penguin colonies from Landsat imagery. *Remote Sensing of Environment* 139: 353–364.
- SHUFORD W.D. and SPEAR L.B. 1988. *Surveys of breeding penguins and other seabirds in the South Shetland Islands, Antarctica, January – February 1987*. National Oceanic and Atmospheric Administration. Technical Memorandum NMFS-F/NEC-59, Woods Hole, Massachusetts: 33 pp.
- SIBLEY CH.G. and MONROE JR B.L. 1990. *Distribution and Taxonomy of Birds of the World*. Yale University Press, New Haven & London: 1111 pp.
- SIERAKOWSKI K. 1991. Birds and mammals in the region of SSSI No. 8 in the season 1988/89 (South Shetlands, King George Island, Admiralty Bay). *Polish Polar Research* 12: 25–54.
- SOUTHWELL C., MCKINLAY J., LOW M., WILSON D., NEWBERY K., LIESER J.L. and EMMERSON L. 2013. New methods and technologies for regional-scale abundance estimation of land-breeding marine animals: application to Adélie penguin populations in East Antarctica. *Polar Biology* 36: 843–856.
- SYDEMAN W.J. and BOGARD S.J. 2009. Marine ecosystems, climate and phenology: introduction. *Marine Ecology Progress Series* 393: 185–188.
- TRATHAN P.N. 2004. Image analysis of color aerial photography to estimate penguin population size. *Wildlife Society Bulletin* 32: 332–343.
- TRATHAN P.N., RATCLIFFE N. and MASDEN E.A., 2012. Ecological drivers of change at South Georgia: the krill surplus, or climate variability. *Ecography* 35: 983–993.
- TRIVELPIECE W. and VOLKMAN N.J. 1979. Nest-site competitions between Adélie and Chinstrap penguins: an ecological interpretation. *The Auk* 96: 675–681.
- TRIVELPIECE W., BUTLER R.G. and VOLKMAN N.J. 1980. Feeding territories of Brown Skuas (*Stercorarius lonnbergi*). *The Auk* 97: 669–676.
- TRIVELPIECE W. and VOLKMAN N.J. 1982. Feeding strategies of sympatric South Polar Skuas *Stercorarius maccormicki* and Brown Skuas *C. lonnbergi*. *Ibis* 124: 50–54.
- TRIVELPIECE S.G., GEUPEL G.R., KJELMYR J., MYRCHA A., SICIŃSKI J., TRIVELPIECE W.Z. and VOLKMAN N.J. 1987a. Rare bird sightings from Admiralty Bay, King George Island, South Shetland Islands, Antarctica, 1976–1987. *Cormorant* 15: 59–66.
- TRIVELPIECE W.Z., TRIVELPIECE S.G. and VOLKMAN N.J. 1987b. Ecological segregation of Adélie, Gentoo and Chinstrap Penguins at King George Island, Antarctica. *Ecology* 68: 351–361.
- TRIVELPIECE W.Z., TRIVELPIECE S.G., GEUPEL G.R., KJELMYR J. and VOLKMAN N.J. 1990. Adélie and chinstrap penguins: their potential use as monitors of the Southern Ocean Marine Ecosystems. In: Kerry K.R. and G. Hempel (eds), *Antarctic Ecosystems. Ecological change and conservation*. Springer-Verlag Berlin Heidelberg: 191–202.
- TRIVELPIECE W.Z., HINKE J.T., MILLER A.K., REISS C.S., TRIVELPIECE S.G. and WATTERS G.M. 2011. Variability in krill biomass links harvesting and climate warming to penguin population changes in Antarctica. *Proceedings of the National Academy of Sciences* 108: 7625–7628.
- VOLKMAN N.J., PRESLER P. and TRIVELPIECE W.Z. 1980. Diets of pygoscelid penguins at King George Island, Antarctica. *The Condor* 82: 373–378.

- WASILEWSKI A. 1986. Ecological aspects of the breeding cycle in the Wilson's storm petrel, *Oceanites oceanicus* (Kuhl) at King George Island (South Shetland Islands, Antarctica). *Polish Polar Research* 7: 173–216.
- WOEHLER E.J., COOPER J., CROXALL J.P., FRASER W.R., KOOYMAN G.L., MILLER G.D., NEL D.C., PATTERSON D.L., PETER H.U., RIBIC C.A., SALWICKA K., TRIVELPIECE W.Z. and WEIMERSKIRCH H. 2001. *A statistical assessment of the status and trends of Antarctic and sub Antarctic seabirds*. Report on SCAR BBS Workshop on Southern Ocean seabirds populations: 1–45.
- WÓDKIEWICZ M., GALERA H., GIELWANOWSKA I., CHWEDORZEWSKA K.J. and OLECH M. 2013. Diaspores of the introduced species *Poa annua* L. in soil samples from King George Island (South Shetlands, Antarctic). *Arctic, Antarctic and Alpine Research* 45: 415–419.
- ZMARZ A., KORCZAK-ABSHIRE, M., STORVOLD R., RODZEWICZ M. and KĘDZIERSKA I. 2015. Indicator species population monitoring in Antarctica with UAV. *The International Archives of the Photogrammetry, Remote Sensing and Spatial Information Sciences* XL-1/W4: 189–193.

Received 4 September 2015

Accepted 3 March 2017